

Sponsored by the Flora London Marathon the 23rd  
**MARATHON MEDICINE CONFERENCE**  
SATURDAY APRIL 22nd 2006  
WOLFSON INSTITUTE OF PREVENTIVE MEDICINE  
MEDICAL COLLEGE OF ST BARTHOLOMEW'S HOSPITAL  
QUEEN MARY UNIVERSITY OF LONDON  
AT CHARTERHOUSE SQUARE LONDON EC1  
Nearest underground station Barbican or St Paul's.  
NB At Medical College NOT St Bartholomew's Hospital

Doctors, sports scientists, physiotherapists and other professions allied to medicine ALL WELCOME. NO ENTRY FEE OR TICKET JUST COME ALONG

9:15 am Registration and WELCOME

*Session 1 Deaths In Endurance Events British Experience Compared*

Chair TBA

9:30 The London Marathon Experience from >600,000 runs

*Dr Dan Tunstall Pedoe and Dr Sanjay Sharma London*

9:50 The Great North Run Fatalities.

*Dr Christopher Vallis Newcastle*

10:10 The Enigma of Sudden Death in Race Horses

*Dr Lesley Young Equine Cardiologist Newmarket*

Discussion and Questions 10-30-11:00AM

11:00 Intermission for Fluids and Carbohydrate

*Session 2 Research from the International Centre for East African Running Science.*

*Chair Professor Craig Sharp Birmingham*

11:30 Why Do African Marathon runners Excel?

*Dr Yannis Pitsiladis Glasgow*

12:00 12-15 Discussion and Questions

*POSTSCRIPT Do we want a British Marathon Medicine Society?-  
discussion of proposal introduced by Dan Tunstall Pedoe*

12:30 Meeting finishes

CONVENOR Dr Dan Tunstall Pedoe dantpmardr@aol.com